



Cedar Leaf



Publication Craft Lebanese immigrants and their descendants Rivera – Tranqueras - URUGUAY

June 2016

2016: 57 Aniversary of the World Lebanese Cultural Union

2016: International Year of Pulses (U.N.)

Leading Article by *José María Almada Sad*

Jose Artigas, Uruguay's founding father said we can expect nothing but ourselves; and there we can pick up similar thoughts in depth and meaning as we are all architects of our own destiny, and others as well. We stand on these statements as true as current, to express our joy at another fact that will undoubtedly nuclear again much of the Lebanese community in Uruguay, as every time the sap of cedar summons. We talked about the great meeting of the paisanada on Saturday June 11 in the Blue Room of the Municipality of Montevideo, for which has been working a large integrated by a high number of countrywomen and countrymen who are putting time, willingness and proven ability equipment so that everything goes in the best way. And there are many examples in the long Lebanese history in Uruguay, that the community is always when ennoble and strengthen cultural ties of our country kapok, with cedar distant

homeland. Highlight someone from the community in this specific case would now fall into injustice, and taking into account that we are five hundred kilometers from the capital where are brewing the best efforts for this event. But we would be remiss if we did not mention as a great motivator and enthusiastic worker, the current head of the Lebanese Embassy in Uruguay, Dr. Alejandro Bitar. Since arriving in our country, although it has continued to meet its curricular and merely diplomatic duties, he has put his best energy to unite the diaspora in Uruguay. Transmits the firm idea that as a representative of the Lebanese government in Uruguayan land, knows the importance of Lebanese descent in a hundred years of history, contributing to social and local cultural framework, community always grateful for the Uruguayan hospitality in times of a complicated Middle East . And Dr. Alexander found a living, leavening, thriving community, and used that fertile ground to strengthen their tissue, doing activities like those bright Awards in the auditorium of the University last year or this great game now. But without much public exposure as these events, we know the constant work of Dr. Bitar trying almost anonymous in the silence of daily work, that the Embassy without losing sight of its official mission to provide support and enthusiasm the paisanada in his fight to preserve the values of the country where the diplomat is coming and where they came from our recent ancestors. The descent in Uruguay, for over a hundred years ago is an architect who builds his own destiny. On Saturday 11, all construction workers will be in reality as the baker, and continue kneading the clay for his incessant construction, scented cedar and warm by the warm sunshine of the Uruguayan flag.

KHALIL GIBRAN SPACE

Simple Cedar Leaf 's homage to the great thinker Lebanese - intellectual heritage of humanity - reflections and thoughts, not necessarily authored by magnum Kahlil. Lebanese Kahlil was our great poet, painter, novelist and essayist born in Bechârre, Lebanon, January 6, 1883 and died on April 10, 1931 in New York. He is buried in Lebanon, his homeland.

TODAY: THE MIND

(In English, Arabic and Japanese)

- ▶ **The mind is not a vessel to be filled, but a lamp for lighting.**
- ▶ **The mind is like a parachute. It does not work if it is not open.**
- ▶ **Always The mind is right, while the appetite and imagination can go wrong.**
- ▶ **The mind of man is marble; the woman wax.**

.Translation to Arabic, by Thalia Rahme, from Beirut

- ▶ أن علينا يجب التي الشمعة هو بل , ملؤه علينا يجب الذي بالوعاء ليس العقل نشعلها
- ▶ بفتحه نغم لم أن يعمل لا ، كالمظلة العقل
- ▶ الخطأ في يقعان قد والمخيلة الشهية أن حين في حق على دوماً العقل
- ▶ شمع من فهو المرأة عقل أما رخام من الرجل عقل

Translation to Japanese, Prof. Yoshifumi Shimomura

- ▶ 心はいっぱいにするコップでなく、火をともしランプだ。
Kokoro wa ippaiinu suru koppu denaku, hiotomosu ranpu da.
- ▶ 心はパラシュートのようなものだ。もし開かなかったら役にたたない
Kokoro wa pashuuto noyounamonoda. Moshi hirakanakattara yakunitatanai.
- ▶ 欲や妄想には間違いが有り得るが、心は常に道理にかなっている
Yokuya mousou niwa machigaiga arieruga, Kokoro wa tsuneni dourini kanatteiru.
- ▶ 男の心は大理石で、そして女の心はロウソクでできている。
Otoko no kokoro wa dairiseki de, soshite Onna no kokoro wa rousoku de dekiteiru.

**If you will not say anything better than silence,
do not tell.**
Arabic Proverb

LEBANESE CUISINE لمطبخ اللبناني HANDS TO POT

TODAY : MSAW Stew baked

Makes 8 servings

**Taken from "THE COOKBOOK ARAB" countryman
"Lebanese" Jorge Miguel Saba, Rosario, Argentina.
"To discover the captivating taste of the Orient".**

Ingredients Three eggplants, three long zucchini, three zucchini trunk, two peppers or pimentos, half a kilogram of tomatoes, half a kilogram of onions, half a kilogram of ground beef, one kilogram of potatoes, 200 grams of tomato paste, red pepper, salt satisfied.

Preparation Peel the eggplant and zucchini wash. Cut them into dice. Peel and cut potatoes. Perform the same operation with onions and tomatoes. Also cut the peppers. Put all these elements in a bowl, with chopped meat. Add the red pepper and salt. Pour the tomato puree preparation. Mix. Place on a baking sheet. Cook for an hour over medium heat. Mix with slotted spoon to ensure even cooking. To verify that it is cooked, turn off the oven and keep there until serving time.

Your meal is your food, and your food your medicine

Hippocrates

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TRUE TOURISM LEBANON'S JEWELS

For some editions, from Cedar Leaf we are referring to several hundreds of points and attractive places in the country of the cedars. Do not forget that the tourism industry is the main sector of the economy of Lebanon.

TODAY : The Cedars of God

The Cedars of God is one of the last vestiges of the extensive forests of the Lebanon Cedar, *Cedrus libani*, that once thrived across Mount Lebanon in ancient times. Their timber was exploited by the Phoenicians, Egyptians, Assyrians, Babylonians, Persians, Romans, Israelites and Turks. The wood was prized by Egyptians for shipbuilding; the Ottoman Empire used the cedars in railway construction. The mountains of Lebanon were once shaded by thick cedar forests and the tree is the symbol of the country. After centuries of persistent deforestation, the extent of these forests has been markedly reduced. It was once said that a battle occurred between the demigods and the humans over the beautiful and divine forest of Cedar trees near southern Mesopotamia. This forest, once protected by the Sumerian god Enlil, was completely bared of its trees when humans entered its grounds 4700 years ago, after winning the battle against the guardians of the forest, the demigods. The story also tells that Gilgamesh used cedar wood to build his city. Over the centuries, cedar wood was exploited by the Phoenicians, Egyptians, Assyrians, Babylonians, Persians, Romans, Israelites and Turks. The Phoenicians used the Cedars for their merchant fleets. They needed timbers for their ships and the Cedar woods made them the "first sea trading nation in the world". The Egyptians used cedar resin for the mummification process and the cedar wood for some of "their first hieroglyph bearing rolls of papyrus". In the Bible, Solomon procured cedar timber to build the Temple in Jerusalem. The emperor Hadrian claimed these forests as an imperial domain, and destruction of the cedar forests was temporarily halted. Concern for the biblical "cedars of God" goes back to 1876, when the 102-hectare (250-acre) grove was surrounded by a high stone wall, paid for by Queen Victoria, to protect saplings from browsing by goats. Nevertheless, during

World War I, British troops used cedar to build railroads. Time, along with the exploitation of the Cedars' wood, has led to a decrease in the number of cedar trees in Lebanon. However, Lebanon is still widely known for its cedar tree history, as they are the emblem of the country and the symbol of the Lebanese flag. The remaining trees survive in mountainous areas, where they are the dominant tree species. This is the case on the slopes of Mount Makmel that tower over the Kadisha Valley, where the Cedars of God are found at an altitude of more than 2,000 metres (6,600 ft). Four trees have reached a height of 35 metres (115 ft), with their trunks reaching 12–14 metres (39–46 ft). In 1998, the Cedars of God were added to the UNESCO list of World Heritage Sites. The forest is rigorously protected. It is possible to tour it escorted by an authorized guide. After a preliminary phase in which the land was cleared of detritus, the sick plants treated, and the ground fertilized, the "Committee of the Friends of the Cedar Forest" initiated a reforestation program in 1985. These efforts will only be appreciable in a few decades due to the slow growth of cedars. In these areas the winter offers incredible scenery, and the trees are covered with a blanket of snow.

2016

**International Year of Pulses (U.N.)
International Year of Camelids (U.N.)**

2017

**International Year of Sustainable
Tourism for Development (U.N.)**

You do not get a champion without sweating

June 2nd & 3rd, 2016 in Beirut, Lebanon.

ORGANIZATIONAL LEADERSHIP BY AFF AND LDE

The Arab Foundations Forum (AFF) is hosting a series of customized and tailored capacity building workshops over the course of the year across the Arab region.

We started our series of customized workshops with hosting a very successful capacity building workshop on “Social Values and Impact” that was hosted by Emirates Foundation on April 20th & 21st, 2016, in Abu Dhabi, UAE. Our participation varied from representatives of Foundations, CSRs and Not-for-Profit Organizations. We received very positive feedback on our anonymous survey online; according to one of the participants: “It was a very good learning experience. The workshop confirms that the way we are designing our projects in the Foundation is on good track. I got a better understanding of Output and Outcome because I was confused before, and now I am more aware about Value creation and maximization in designing our projects.” And now, AFF is pleased to invite you to attend our second customized capacity building module on “Organizational Leadership” in collaboration with The Lebanese Development Network (LDN) which will be held on June 2nd & 3rd, 2016 in Beirut, Lebanon. The training will be conducted by Mr. Amin Nehme, the Owner of ServiLine Ltd., a marketing management agency, and the Founder and President of the Lebanese Development Network (LDN) which provides capacity building skills to the non-profit sector. This “Organizational Leadership” workshop focuses on raising the individual leadership capacity of participants, honing their abilities and sharpening their sense of confidence in order to affect the organizational growth and transformation. Through a rigorous mix of simulations and other experiential learning activities, participants emerge with the tools needed to transform themselves into effective organizational leaders. For additional information, please find attached the Workshop Outline. We encourage you to book your place today as spaces are limited and will be filled on a first come, first serve basis. We will provide additional logistical information soon (including hotel accommodations in Beirut where we have secured a corporate deal for participants). Thank you, **Haneen Khatib, Network Development Manager - LEVANT & EGYPT Arab Foundations Forum (AFF)**

YOUTH COUNCIL WLCU ANNOUNCE DESIGNATION TO W. PRESIDENT

Mexico City, April 25th , 2016 World President Mr. Elias Kassab World Secretary General Mr. Wissam Azzi

I am pleased to formally announce that we have designated the members that will form the Youth Council for the 2016 – 2018 term. This designation was made following the bylaws distribution for the Youth Council, approved in our last congress in Toronto, Canada, which determines having no more than two members from the same country and no more than three members from the same region. Moreover, we designated these young members of the WLCU because of their commitment with Lebanon and their willingness to contribute to our cause and to Lebanon. Let me introduce:

• Rima Cario – United States
Treasurer / Media Officer – youth.treasury@wlcu.com

• Jose Bassila – Guatemala
Cultural Affairs Officer – youth.culture@wlcu.com

• Rita Houkayem – Canada
Social Welfare Officer – youth.social@wlcu.com

• Joseph Sayegh – Lebanon / France
Media Officer – youth.media@wlcu.com

I will also like to mention our countries and emails:

• Sergio de los Ríos Feghali – Colombia
Secretary General – youth.secretariat@wlcu.com

• Claude Geaitani – Mexico
President / Chairman – youth.presidency@wlcu.com

Being certain of the great work we will be doing as a team in coordination with all the WLCU authorities and continuing with the great achievements done by our previous councils pursuing the best for our Youth and for Lebanon, we send our best regards. **Claude Geaitani Sergio de los Ríos Feghali WLCU Youth President WLCU, Youth Secretary General ”**

Don't cry because it is over, smile because it happened.

MARONITE PATRIARCH IN SOUTH AFRICA. BY KEN HANNA

“Date:19th May 2016. Patriarch in South Africa. His Beatitude Cardinal Bechara Boutros Rahi arrived ,yesterday, to a tumultuous welcome.His Beatitude is the Spiritual leader of all the Maronites in the Middle East and is the Supreme head of all the Maronites in the world. The Maronite Patriarch always takes the name “Boutros” ;meaning Peter.The first Pope in Antioch. Rahi ,means Good Shephard. The Lebanese Ambassador His Excellency Ara and Madam Miriam Khatchadourian welcomed the Patriarch at a garden party at the Embassy in Pretoria. His Beatitude’s party was welcomed by members of the diplomatic Corp, members of the Maronite Mission in South Africa, Lebanese and Lebanese South Africans. His Beatitude thanked all for the welcome and compared the Lebanese and the Lebanese throughout the world to the strong cedar Tree. Roots in Lebanon and branches throughout the world. His Beatitude, third from right,with the Lebanese Ambassador to South Africa H.E.Ara Khatchadourian, fourth from right. Father Badaoui Habib is first on the right. Sheikh Wissam Choukair, Representative of the Supreme Islamic Shiite Council of South Africa is third from left. Tonight we attend Holy Mass at Our Maronite Church in the North of Johannesburg followed by a Banquet. Saturday at 5.30.p.m.is the Youth Mass, Followed by a recital. The Community meets after the recital for snacks and drinks. All Welcome. Sunday : 21st May 2016. Mass 10.00.a.m. followed by fete all day.

PHYLLIS LEICHER 80TH BIRTHDAY BASH.

Members of Phyllis’s family and friends attended a delightful garden party at the home daughter Patricia Amorim, on Monday 7th May 2016..Ken Hanna, a cousin of Phyllis was invited. P.S. We send to all on our email list.Including ‘friends of the People of the Cedars’There are a few Lebanese Veterans who do not have email, and have supported us since 1970.ie 46 years. We make copies and post to them. Take care,God bless, **Ken Hanna.**”

NEW STEP SAPPHIRE AWARD 2016: A SEMINAR

'Public Speaking' with Amin Nehme at the Sapphire Award 2016 More than thirty participants from different Lebanese companies have completed the first round of the Sapphire Award Program 2016 - Employee of the Year. This phase of the competition was concluded with a special seminar on 'Public Speaking' conducted by the President of the Lebanese Development Network (LDN) Amin Nehme. The designated workshop took place at the premises of the American University for Science and Technology (AUST) and was dedicated to provide the candidates with a general overview about the related approaches and techniques. The seminar covered a wide range of topics such as Introduction to the Art of Communication, the Elements of Persuasion and the Body Language. It included as well a simulation and a round-up of the common mistakes that generally face the speakers during their interventions in the different events and situations. The Sapphire Awards Program (SAP) is an annual competition that will celebrate and recognize the outstanding professional achievements and accomplishments of employees in different industries and practices across Lebanon. The goal of the Sapphire Awards Program is to encourage excellence, creativity and engagement in the workforce and act as a catalyst for personal, corporate, community and local market growth.

It was on 5th, 6th and 7th of May

LEBANESE DIASPORA ENERGY 2016

As part of its roadmap aspiring to further strengthen the ties between Lebanese residents and emigrants around the globe, the Ministry of Foreign Affairs and Emigrants presents, for the third consecutive year, the “Lebanese Diaspora Energy” in its 2016 edition (LDE 2016). Held under the High Patronage of H.E. Minister Gebran Bassil, this unique event has become an annual ritual celebrating the success stories of eminent figures of Lebanese origins in all fields. This year’s event took place on the 5th, 6th and 7th of May 2016 at Hilton Grand Habtoor Hotel - Beirut, Lebanon.

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